



# RESOURCES

## SOLIHULL PARISH

We continue to offer a wealth of online Services and Fellowship groups during the Covid-19 Pandemic.

## LIKE TO DONATE?

If you would like to support the Parish financially during these difficult times please follow this link to donate:  
<https://www.solihullparish.org.uk/giving/>

## PARISH OFFICE

Email: [office@solihullparish.org.uk](mailto:office@solihullparish.org.uk)  
Phone: (0121) 705 5350  
Office Address: The Oliver Bird Hall,  
Church Hill Road, Solihull, B91 3RQ

For local information about Solihull Town Centre: <https://solihullbid.co.uk>

## LOSS OF A LOVED ONE

### Funerals

A simple reflection to use at home.

This reflection is to use on the day of a funeral you can't attend. It has been specially written by a Vicar for you to do at home, alone or with those who share your home.  
<https://www.churchofengland.org/sites/default/files/2020-03/Funerals%20liturgy%20at%20home%20public.pdf>

### Bereavement Support

CofE Birmingham Dedicated Bereavement Support Line.

The dedicated line offers 1-2-1 pastoral support and prayer for bereaved people. To access the ministry, please dial: 0121 426 0405

### Light a candle to remember

<https://www.churchofengland.org/life-events/funerals/light-candle-remember-someone>

## PRAYER

### Daily Prayer for the nation

Daily Prayer and worship for all

<https://www.churchofengland.org/resources/prayer-nation>

### Daily Hope 0800 804 8044

Prayers, worship, hymns, reflections to help with sleep and a series of chair exercises for the housebound.

## MENTAL HEALTH

<https://www.churchofengland.org/faith-action/mental-health-resources/supporting-good-mental-health>

**Domestic Violence 24hr Helpline: 0808 2000 247**

**Samaritans 24hr free support: 116 123**