

**Parish Church of St Alphege Solihull**



**Sung Eucharist**

**August 2021**

**10.30am**

**Order of Service  
In Ordinary Time**

# Processional Hymn

## The Gathering

### The Greeting

President: In the name of the Father, and of the Son and of the Holy Spirit.

**All: Amen**

The Lord be with you  
**and also with you.**

*The president says a few words of welcome and introduces today's service.*

### Prayer of Preparation

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

## Prayers of Penitence

Hear the words of comfort our Saviour Christ says  
to all who truly turn to him:

*Come to me, all who labour and are heavy laden,  
and I will give you rest.*

My brothers and sisters,  
as we prepare to celebrate the presence of Christ  
in word and sacrament,  
let us call to mind and confess our sins.

**Almighty God, our heavenly Father,  
we have sinned against you,  
through our own fault,  
in thought, and word, and deed,  
and in what we have left undone.  
We are heartily sorry,  
and repent of all our sins.  
For your Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

## Absolution

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
✚ pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.  
**Amen.**

## Gloria

*Glory, glory to God,  
Glory to God in the highest,  
peace to his people on earth,  
peace to his people on earth.*

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you  
thanks,  
we praise you for your glory.

*Glory, glory to God,  
Glory to God in the highest,  
peace to his people on earth,  
peace to his people on earth.*

Lord Jesus Christ,  
only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of  
God the right hand of God the  
Father:  
receive our prayer.

You alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father.  
Amen, Amen, A---men.

*Glory, glory to God,  
Glory to God in the highest,  
peace to his people on earth,  
peace to his people on earth.*

*Music by Chris Bell*

## The Collect

*The president prays the Collect for the Day.*

Almighty God, who sent your Holy Spirit to be the life and light of your Church:  
open our hearts to the riches of your grace, that we may bring forth the fruit of  
the Spirit in love and joy and peace; through Jesus Christ your Son our Lord,  
who is alive and reigns with you, in the unity of the Holy Spirit, one God, now  
and for ever.

**Amen.**

# The Liturgy of the Word

*Either or both of the readings may be used.*

## First Reading

### **Exodus 16. 2-4, 9-15**

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.' Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining." ' And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God." ' In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.

This is the word of the Lord.

**Thanks be to God.**

## Second Reading

### **Ephesians 4. 1-16**

I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was

given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' (When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

This is the word of the Lord.

**Thanks be to God.**

**The Gospel**

*Please stand as able for the Gospel Acclamation.*

Hear the Gospel of our Lord Jesus Christ according to John.

**Glory to you, O Lord.**

**John 6. 24-35**

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the

wilderness; as it is written, “He gave them bread from heaven to eat.” ’ Then Jesus said to them, ‘Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.’ They said to him, ‘Sir, give us this bread always.’ Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

**Sermon**

**Creed**

Let us declare our faith in God.

**We believe in God the Father,  
from whom every family  
in heaven and on earth is named.**

**We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.**

**We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.**

**We believe in one God;  
Father, Son and Holy Spirit.**

**Amen.**

**Intercessions**

*This response may be used*

Lord, in your mercy  
**hear our prayer.**

*And at the end:*

Merciful Father,

**Accept these prayers for the sake of your Son  
our saviour Jesus Christ.**

**Amen.**

## **The Liturgy of the Sacrament The Peace**

Blessed are the peacemakers:  
they shall be called children of God.  
We meet in the name of Christ and share his peace.

The peace of the Lord be always with you.  
**And also with you.**

## **Offertory Hymn**

## **Prayer at the Preparation of the Table**

Wise and gracious God,  
you spread a table before us;  
nourish your people with the word of life  
and the bread of heaven.  
**Amen.**

## **The Eucharistic Prayer**

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**



Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Father, you made the world and love your creation.  
You gave your Son Jesus Christ to be our Saviour.  
His dying and rising have set us free from sin and death.  
And so we gladly thank you,  
with saints and angels praising you, and singing:

Holy, Holy, Holy Lord.  
God of power and might.  
Heaven and earth are full of your glory,  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

*Music by Chris Bell*

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.  
Great is the mystery of faith:

**Christ has died:**  
**Christ is risen:**  
**Christ will come again.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.

Look with favour on your people,  
gather us in your loving arms  
and bring us with St Alphege... and all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

**Amen.**

*A bell is rung to signify the sacramental presence of Christ, followed by a moment of stillness.*

## **The Lord's Prayer**

Let us pray for the coming of God's kingdom  
In the words our Saviour taught us.

**Our Father, who art in heaven,  
hallowed be thy name; thy kingdom come;  
thy will be done; on earth as it is in heaven.**

**Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever.  
Amen.**

## **The Breaking of Bread**

*The celebrant breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

## **The Invitation**

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*These or other words may be said to those watching the service at home.*

For most of us participating at home, it may feel strange to be invited to Communion, not through the physical bread and wine we can touch, but in a Spiritual Communion with God who always comes to meet us wherever we are.

There are no special words or prayers for this, all the Church has ever thought necessary is true desire, lively faith and genuine love. Come honestly before God the way you know how. You may like to pray quietly using this prayer to help you:

Lord, you stand at the door of my heart and knock. You wait for me and only I can let you in. I believe and trust in you and ask you now to fill me with presence. Feed me with your body and unite me in your blood, that I may be your blessing to a world in need. Amen.

*The celebrant raises the paten and chalice and says*

The Body and Blood of Christ.

**Amen.**

### **The Giving of Communion**

*Only the celebrant receives Communion under both kinds. Others present receive under the form of the consecrated bread.*

### **Agnus Dei**

Lamb of God you take away the sins of the world,  
have mercy on us.

Lamb of God you take away the sins of the world,  
have mercy on us.

Lamb of God you take away the sins of the world,  
grant us peace.

*Music by Dom Gregory Murray*

### **Communion Hymn**

### **Post-Communion Prayer**

*The president will pray this week's post-communion prayer.*

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God: in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord.

**Amen.**

**Lord, we have broken your bread  
and received your life.  
By the power of your Spirit  
keep us always in your love;  
through Jesus Christ our Lord.  
Amen.**

## **Dismissal**

### **Notices**

*The celebrant will give the details of any particularly important notices and read any Banns of Marriage.*

### **Final Hymn**

### **The Blessing**

Now may the Lord of peace himself  
give you peace at all times and in every way.  
The Lord be with you all;  
and the blessing of God almighty,  
✚ the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

*Organ Voluntary.*

**Growing Disciples, Building Community, Transforming Lives**

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