

How to make a paper Palm cross

- 1. Cut off two strips from the long side of a sheet of A4 paper approximately 1.5cms wide.
- 2. Hold one strip in each hand, both strips pointing downwards, then turn the strip in your right hand so that it is at a right angle to the other strip, then keeping it horizontal place the strip in your right hand on top of the other strip so that you are holding them together at the top, corner to corner, between your finger and thumb.
- 3. Fold down once then fold down again and hold between your finger and thumb.
- 4. Now the most important part Bend the cross beam back immediately adjacent to the middle fold and bend it all the way round so that the cross beam is now pointing in the opposite direction. You now need to thread the cross beam through the gap right at the front of the middle-folded section and then pull it all the way through. If it's worked the two strips of paper should now be locked together.
- 5. Take the loose end of the cross beam and fold it forward and thread it through the crossover point leaving a loop of paper of about 5cm sticking out to one side.
- 6. Next form another loop sticking out about 5cm on the other side by folding the loose end of the crosspiece and tucking it into the back of the crossover point.
- 7. Now turn it upside down and take the loose end of the long strip that is hanging downwards and thread it through the loop at the front of the crossover point and pull it through carefully to leave a loop at the top of about 5cm which will form the top of the cross.
- 8. You now have your completed paper palm cross! Keep it somewhere safe ready for Palm Sunday.