



## Observing Lent in Solihull Parish

### **Option 1: Life Balance: 5 sessions – Time to Pause, Time to Celebrate, Time to Rest, Time to Play, Time to Liberate**

**Monday afternoons** 1.45 for 2pm until 3.30pm      Venue: Greville Arms, Cornyx Lane, B91 2RB

(Mondays 19<sup>th</sup>, 26<sup>th</sup> February; 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> March 2024)

It is helpful if people can let me know that they plan to come along by the Saturday before each date, so that I can book an appropriately sized table and, out of courtesy to the Greville who host us, people should come ready to buy themselves a drink of some sort (coffee or tea is available).

Contact: Suzette Maguire [s.maguire@solihullparish.org.uk](mailto:s.maguire@solihullparish.org.uk) 0121 709 0884

Or

**Monday evenings** 7.45pm until 9pm      Venue: St. Helen's Chapel, St Helen's Road, B91 2DA

(Mondays 19<sup>th</sup>, 26<sup>th</sup> February; 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> March 2024)

Contact: Chris Carrington [carringtons.church@gmail.com](mailto:carringtons.church@gmail.com)

Or

**Friday Mornings** 9.45am for 10am until 11.30am      Venue: Room 6, Oliver Bird Hall, Church Hill Road, B91 3RQ

(Fridays 23<sup>rd</sup> February; 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> March 2024)

Contact: Nick Parker [rector@solihullparish.org.uk](mailto:rector@solihullparish.org.uk)

**Option 2: The Art of Lent:** Guided by the reflections of Sister Wendy Beckett, we will look at some of the world's greatest paintings to discover the spiritual message within them. Come and journey through Lent as we allow great works of art to lead us deeper into prayer.

**Thursday afternoons** 1.45pm until 3pm      Venue: St Michael's Chapel, Oak Cottage, Bryanston Road, B91 1BS

(Thursdays 22<sup>nd</sup>, 29<sup>th</sup> February; 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> March 2024)

Contact: Simon Marshall [simon@solihullparish.org.uk](mailto:simon@solihullparish.org.uk)

### **Further Opportunity: Lent Breakfasts (An activity of Churches Together in Central Solihull)**

**Saturday mornings** 8.30am until 9.30am      Venue: Solihull Methodist Church, Blossomfield Road, B91 1LG

17<sup>th</sup> February 2024: Speaker Felix Kupay from Entraide (assisting asylum seekers, refugees, and vulnerable migrants integrating into society) 24<sup>th</sup> February 2024: Speaker John Bradley from Solihull Welcome and Borough of Sanctuary.