



***All Age Eucharist  
on Mothering Sunday***



**St Alphege Parish Church, Solihull**

**Sunday 15<sup>th</sup> March 2026 at 9.30am**

GATHERING HYMN – HON 612 Tell out my soul

- 1 Tell out, my soul, the greatness of the Lord!  
Unnumbered blessings, give my spirit voice;  
tender to me the promise of his word;  
in God my Saviour shall my heart rejoice.**
- 2 Tell out, my soul, the greatness of his Name!  
Make known his might, the deeds his arm has done;  
his mercy sure, from age to age the same;  
his holy Name, the Lord, the Mighty One.**
- 3 Tell out, my soul, the greatness of his might!  
Powers and dominions lay their glory by.  
Proud hearts and stubborn wills are put to flight,  
the hungry fed, the humble lifted high.**
- 4 Tell out, my soul, the glories of his word!  
Firm is his promise, and his mercy sure.  
Tell out, my soul, the greatness of the Lord  
to children's children and for evermore!**

Timothy Dudley-Smith (1926-2024) from Luke I vs46-55  
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## THE GREETING

Welcome all, we begin by making the sign of the cross upon our bodies, joining together in the words and actions on-screen:

**All**   **In my head** (*touch head*)  
          **in my heart** (*touch heart*)  
          **and all around me** (*touch shoulders one by one*)  
          **Jesus is here** (*open hands in front, facing upwards*)  
          **Amen.**

*Please sit as the President introduces the service.*

Welcome to our All-Age Mothering Sunday service. It's lovely to see you all here. Traditionally today is a time to celebrate our mother churches, those people and places which have nurtured our faith. But for many this time comes with painful associations with motherhood, feelings of inadequacy or loss. Yet in Christ, we are given both comfort and family.

We have come together today to give thanks to God for all those people who have nurtured us, and to offer ourselves to nurture others, with God's help.

## WE SAY SORRY

Let us now call to mind the things we have done, said and thought which have not been loving and have separated us from those around us and from God.

*We keep a moment of stillness.*

Remembering God's mercy and compassion, let us confess our sins, using the words and actions on-screen.

*(Hands held out in front of us, palms facing outwards.)*

Loving God, for the times we have kept others at arms' length,

**All Forgive us and help us.**

*(Hands curled into fists.)*

For the times we have refused to share what we have,

**All Forgive us and help us.**

*(Hands placed over heart.)*

For the times we have only thought of ourselves,

**All Forgive us and help us.**

## WORDS OF FORGIVENESS

*(Hands with palms facing upwards.)*

Through the cross of Christ,

God have mercy on you,

✚ pardon you

and set you free.

Know that you are forgiven

and be at peace.

God strengthen you in all goodness

and keep you in life eternal.

**All Amen.**

God of love,  
passionate and strong,  
tender and careful:  
watch over us and hold us  
all the days of our life;  
through Jesus Christ our Lord.

**All Amen**

*Please stand if you are able*

GRADUAL – HON 349 Jesus' love is very wonderful

**Jesus' love is very wonderful,  
Jesus' love is very wonderful,  
Jesus' love is very wonderful,  
oh wonderful love!  
So high you can't get over it,  
so low you can't get under it,  
so wide you can't get round it,  
oh wonderful love!**

H.W. Rattle  
© Scripture Union

Hear the Gospel of our Lord Jesus Christ according to Luke  
**All Glory to you, O Lord.**

*Gospel reading*

*Luke 2:33-35 or John 19:25b-27*

*At the end of the Gospel:*

This is the Gospel of the Lord.

**All Praise to you, O Christ**

*Junior Choristers sit in the nave of the church. Please sit*

*Please stand*

Let us declare our faith in God.

**All We believe in God the Father, from whom every family  
in heaven and on earth is named.**

**We believe in God the Son, who lives in our hearts through faith,  
and fills us with his love.**

**We believe in the Holy Spirit, who strengthens us  
with power from on high.**

**We believe in one God;  
Father, Son and Holy Spirit. Amen.**

THE TALK

WE BELIEVE

Loving God, we give thanks for the great love you have for each of us.  
We pray that you will help each of us pass that love on to the next generation.  
Lord in your mercy  
**All Hear our prayer**

Loving God, we give thanks for all mothers and for everything they do, or once did for us, and for all that they mean to us today.  
We also pray for those who are without family today, for whatever reason, and would ask that you would help them to know your love is always close.  
Lord in your mercy  
**All Hear our prayer**

Loving God, we thank you for family life.  
We pray for those who are waiting for a new baby and beginning family life.  
We pray especially for those who are trying to make home and family in difficult circumstances, especially in places of war and struggle.  
Lord in your mercy  
**All Hear our prayer**

Loving God, thank you for everybody who looks after other people. Help us to know that you are always with each one of us.  
Lord in your mercy  
**All Hear our prayer**

Loving God, we pray that you would bless and guide your Church, our Mother Church, that it would nurture the faith of young and old and be a place where all might know your loving care.  
Lord in your mercy  
**All Hear our prayer**

Merciful Father,  
**All accept these prayers**  
**for the sake of your Son our Saviour Jesus Christ**  
**Amen**

Through the prophet Isaiah, God says,  
'As a mother comforts her child, so I will comfort you.'

The peace of the Lord be always with you.

**All And also with you.**

*We remain in our places and offer one another a sign of peace.*

OFFERTORY SONG – All our blessings (tune HON 26 tune 2)

***Refrain***

***All our blessings, all our joys  
with thankful hearts we sing,  
true, compassionate, loving God  
accept the praise we bring.***

**1 For parents and for children,  
for husbands, wives, and friends,  
for those whose care enfolds us  
with love that never ends.**

***Refrain***

**2 For fellowship and friendship  
we both receive and give,  
for those who've shared our journey  
and taught us how to live.**

***Refrain***

**3 For all who've shared our sorrow,  
walked with us in our pain,  
who've held our hand through darkness  
and showed us light again.**

***Refrain***

Ally Barrett (born 1975)  
© Ally Barrett

## PREPARATION OF THE TABLE

As the grain once scattered in the fields  
and the grapes once dispersed on the hillside  
are now united on this table in bread and wine,  
so, Lord, may your whole Church soon be gathered together  
from the corners of the earth into your kingdom.

**All Amen.**

## THE EUCHARISTIC PRAYER

The Lord is here.

**All His Spirit is with us.**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

It is right to praise you, Father, Lord of all creation;  
in your love you made us for yourself.

When we turned away  
you did not reject us,  
but came to meet us in your Son.

**All You embraced us as your children  
and welcomed us to sit and eat with you.**

In Christ you shared our life  
that we might live in him and he in us.

**All He opened his arms of love upon the cross  
and made for all the perfect sacrifice for sin.**

On the night he was betrayed,  
at supper with his friends  
he took bread, and gave you thanks;  
he broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

*All* **Father, we do this in remembrance of him:  
his body is the bread of life.**

At the end of supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you for the forgiveness of sins;  
do this in remembrance of me.

*All* **Father, we do this in remembrance of him:  
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,  
send your Holy Spirit that this bread and this wine  
may be to us the body and blood of your dear Son.

*All* **As we eat and drink these holy gifts  
make us one in Christ, our risen Lord.**

With your whole Church throughout the world  
we offer you this sacrifice of praise  
and lift our voice to join the eternal song of heaven:

*All* **Holy, Holy, Holy Lord, God of pow'r and God of might:  
heaven and earth, heaven and earth are full of your glory,  
your pow'r and might.**

**Hosanna, hosanna, hosanna in the highest heav'ns.**

**Hosanna, hosanna, hosanna in the highest heav'ns.**

## THE LORD'S PRAYER

As God's children, loved and cherished, let us pray as Jesus taught us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power  
and the glory are yours  
now and for ever.  
Amen.**

## BREAKING OF THE BREAD

*The president breaks the consecrated bread.*

We break the bread of life,  
and that life is the light of the world.

**All God here among us,  
light in the midst of us,  
bring us to light and life.**

**All sing**

**Lamb of God, you take away the sin of the world: have mercy on us.  
Lamb of God, you take away the sin of the world: have mercy on us.  
Lamb of God, you take away the sin of the world: grant us peace.**

## GIVING OF COMMUNION

Come to this table, not because you must but because you may,  
not because you are strong, but because you are weak.  
Come, not because any goodness of your own gives you a right to come,  
but because you need mercy and help.  
Come, because you love the Lord a little and would like to love him more.  
Come, because he loved you and gave himself for you.

*We receive communion.*

*We are all invited to draw near to God today.*

*If you, or your children, regularly receive the bread and wine at any Christian church,  
you are most welcome to do so today.*

*If you do not usually receive the bread and wine, or prefer not to do so today,  
you are invited to come forward to receive a prayer of blessing.*

*If you do this, you may want to hold your hands together in prayer  
so that we know your intention.*

*The Junior Choristers sing HON 186 Give thanks with a grateful heart*

**Give thanks with a grateful heart.**

**Give thanks to the Holy One.**

**Give thanks because he's given**

**Jesus Christ, his Son.**

***(Repeat)***

**And now let the weak say 'I am strong,'**

**Let the poor say 'I am rich,'**

**Because of what the Lord has done for us.**

***(Repeat)***

***(Last time)***

**Give thanks.**

Henry Smith (born 1952)

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SONG DURING COMMUNION – HON 140 Father God, I wonder

**I Father God, I wonder how I managed to exist  
Without the knowledge of your parenthood and your loving care.  
But now I am your child, I am adopted in your family,  
And I can never be alone,  
'Cause Father God, you're there beside me.  
I will sing your praises,  
I will sing your praises,  
I will sing your praises,  
Forever more.  
I will sing your praises,  
I will sing your praises,  
I will sing Your praises,  
Forever more.**

Ian Smale (born 1949)

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## PRAYER AFTER COMMUNION

Loving God,  
as a mother feeds her children at the breast  
you feed us in this sacrament  
with the food and drink of eternal life:  
help us who have tasted your goodness  
to grow in grace in the household of faith;  
through Jesus Christ our Lord.

**All Amen**

NOTICES

*The President gives out any notices.  
Please stand if you are able*

FINAL SONG – HON 183 Give me joy in my heart

**1 Give me joy in my heart, keep me praising,  
Give me joy in my heart, I pray;  
Give me joy in my heart, keep me praising,  
Keep me praising till the break of day.**

***Chorus***

***Sing hosanna! Sing hosanna!  
Sing hosanna to the King of kings,  
Sing hosanna! Sing Hosanna!  
Sing hosanna to the King.***

**2 Give me peace in my heart, keep me loving,  
Give me peace in my heart, I pray;  
Give me peace in my heart, keep me loving,  
Keep me loving till the break of day.**

***Chorus***

**3 Give me love in my heart, keep me serving,  
Give me love in my heart, I pray;  
Give me love in my heart, keep me serving,  
Keep me serving till the break of day.**

***Chorus***

## THE BLESSING

May God, who gave birth to all creation, bless you:  
may God, who became incarnate by an earthly mother, bless you:  
may God, who broods as a mother over her children, bless you.  
May almighty God bless you, Father, Son and Holy Spirit,  
now and for ever.

**All Amen.**

## THE DISMISSAL

Go in peace to love and serve the Lord.

**All In the name of Christ. Amen.**